



ENTRY FORM



20TH ANNUAL UMGENI WATER MARATHON

where applicable | The race entry fee includes free entry into the Midmar Dam Resort, as well as the on-line administration fee.

42.2km run R210 | 32km run R190 | 15km run R110 | 15km walk R110

Donation to the Endangered Wildlife Trust Amount R

Temporary Licence R30 (42.2km/32km) R20 (15km) Total Due R

Greeting Name: _____ Surname: _____

Cell: _____ E-mail: _____

Club: _____ 2017 Licence No.: _____

Province: _____ Age on 12/03/2017:

ID No.: _____ Passport No.: _____
(Foreign visitors only)

Gender (M/F) SA Citizen (Y/N)

Age Category: 15 - 19 Open 40 - 49 50 - 59 60+

Disclaimer

I am fit enough to participate in this event and do so entirely at my own risk. I accept that the organiser, sponsors, hosts and officials will not be held liable for any accident, injury, loss or damage to any persons or property, which may arise as a result of my participation in this event.

Signature: _____ Date: _____
(Parent/Guardian if under 18)



20TH ANNUAL UMGENI WATER MARATHON A COMRADES MARATHON QUALIFIER



Pre-Entry only.
Entries close 5 March

Free gate entry to
Midmar Dam Resort

06h00 Sunday 12 March 2017 at Midmar Dam Resort

42.2km Run

32km Run

15km Run/Walk

Information

- All events take place at the Midmar Dam Resort (exit 103 or exit 107 from the N3 freeway)
- GPS co-ordinates: S=29° 29.307 / E=30° 11.640
- No entry fees will be refunded under any circumstances
- All events start and finish at the main slipway
- There will be free entry into the Midmar Dam Resort for all runners and their supporters between 04h00 and 06h00 on Sunday 12 March 2017
- The 42.2km Run and 32km Run start at 06h00
- The 15km Run / 15km Walk starts at 06h15
- Please arrive early to avoid congestion at the entrance gate to the Midmar Dam Resort
- The start of the race will not be delayed for any reason
- For more information visit: www.collegiansharriers.co.za
- Current race records:
 - Men 2h 26m 28s Arnold Motsoeneng 2004
 - Women 2h 55m 08s Gwen van Lingen 2000

Rules

- All events are subjects to the rules of IAAF, ASA & KZNA
- Licensed entrants must wear full club colours and licence number on the back of shirt/ vest
- Your race number must be worn on the front of your shirt/vest on the top of the ASA licence without covering the logo of KZN Athletics and the ASA sponsor.
- Walkers must wear "W" tags (front & back of shirt/vest)
- All unlicensed entrants require a Temporary Licence Number which must be worn on the back of your vest/shirt.
- Minimum ages: 15km:15yrs 32km:19yrs 42.2km:20yrs
- Cut-off times: 15km:3hours 32km:5hours 42.2km:5hours
- Foreign athletes must comply with IAAF rule 4.2 & 142
- No personal seconding is permitted along the route
- No motor vehicles, wheel-chairs, bicycles or dogs are permitted on the route
- All Traffic Officers, Marshals and Officials must be obeyed
- There will be a cut-off time of 4 hours in the 42 km event at 32.8 km turn around point.
- This is a "litter free" event. Offenders may be removed from the results.
- The 42.2km and 32km events are not inter-changeable
- All competitors must wear ASA/KZNA approved age category and walker tags to claim category prizes

Prizes & Handouts

- Equal prizes monies are offered to both Men and Women
- Special cash incentive: R1000 to the first man to break 2h25 and to the first woman to break 2h55 in the 42.2km event
- Free T-shirts to ALL entrants in ALL events
- Plus many attractive "lucky dip" prizes
- All prize winners must be personally present at the prize giving
- Proof of age may be required to claim age category prizes
- Prize giving will be held at the following times: 15km 09h15 - 32/42km 11h10



Category	Position	42.2km	32km	15km Run	15km Walk
Open	1st	R2000	R600	R500	R300
	2nd	R1000	R300	R250	R200
	3rd	R500	R150	R125	
40-49	1st	R600	R300		
	2nd	R300			
50-59	1st	R600	R300		
	2nd	R300			
60+	1st	R300	R200		
15-19	1st			R300	
	2nd			R200	

Medals

- Gold: First 5 men & women in the 42.2km event only
- Silver: Position 6 to 50 in the 42.2km event only
- Bronze: To all other finishers within the cut-off time of all events

Ways to enter

1. On-line: at www.collegiansharriers.co.za (Entries close 24h00 Sunday 5 March 2017), No late entries.
2. Manual: at Collegians Harriers clubhouse, 381 Boshoff street, PMB on any Tuesday on or before 28 February between 17h00 and 18h00.

Please Note

- Even though you have pre-entered on-line, you still have to register at the Midmar Dam Resort on Saturday 11 March between 14h00 and 17h00 or Sunday 12 March between 04h30 and 06h00 and collect your Race Number and T-shirt.
- There will be free entry into the Midmar Dam Resort during these times.
- **Entries are limited to 1500 runners/walker in total and when this limit is reached entries will close which maybe before the closing date of the 5th of March 2017**

