

## 22nd ANNUAL UMGENI WATER MARATHON

tick where applicable | The race entry fee includes on-line entry charges.

42.2 km run R240  | 21,1 km run R160  | 14,4 km run R120  | 14,4 km walk R120

Donation to the Endangered Wildlife Trust  Amount R

Temporary Licence R40 (21 km)  R30 (14,4 km)  Total Due R

Greeting Name: \_\_\_\_\_ Surname: \_\_\_\_\_

Cell: \_\_\_\_\_ E-mail: \_\_\_\_\_

Club: \_\_\_\_\_ 2019 Licence No.: \_\_\_\_\_

Province: \_\_\_\_\_ Age on 24/03/2019:

ID No.: \_\_\_\_\_ Passport No.: \_\_\_\_\_  
(Foreign visitors only)

Gender (M/F)  SA Citizen (Y/N)

Age Category: 15 - 19  Open  40 - 49  50 - 59  60+

**Disclaimer**

I am fit enough to participate in this event and do so entirely at my own risk. I accept that the organiser, sponsors, hosts and officials will not be held liable for any accident, injury, loss or damage to any persons or property, which may arise as a result of my participation in this event.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
(Parent/Guardian if under 18)

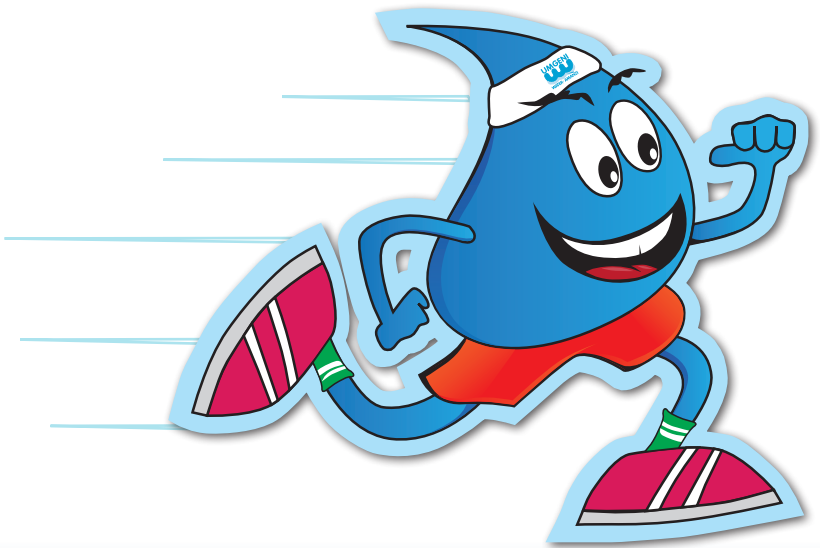


## 22nd ANNUAL UMGENI WATER MARATHON

**SUNDAY 24TH MARCH 2019**

**NEW VENUE: BAYNESFIELD RECREATIONAL CLUB**

<b>42.2 km Run</b> Start 06h00	<b>21,1 km Run</b> Start 06h00	<b>14,475 km Run/Walk</b> Start 06h15
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## A COMRADES MARATHON QUALIFIER

<b>Pre-Entry only.</b> <b>Entries close 17 March</b>	<b>No entries</b> <b>on race day</b>
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## Information

- All events take place at the Baynesfield Recreational Club (exit P334 to Baynesfield from R56 Richmond Road)
- GPS co-ordinates: S 29.758 730 / E 030.348670
- No entry fees will be refunded under any circumstances
- All events start and finish at the Baynesfield Recreational Club
- Tog bag facility will be provided but at owners risk
- Temporary licensed athletes are not covered by the National Insurance policy
- The start of the race will not be delayed for any reason
- For more information visit: [www.collegiansharriers.co.za](http://www.collegiansharriers.co.za)
- No temporary licences are permitted for the marathon event
- The comrades marathon qualifying time is 4 hours 50 minutes
- Queries to be sent to [collegians.harriers@gmail.com](mailto:collegians.harriers@gmail.com)

## Rules

- All events are subjects to the rules of IAAF, ASA & KZNA
- Licensed entrants must wear full club colours and licence number on the back of vest/ crop top
- Your race number must be worn on the front of your vest/ crop top on the top of the ASA licence without covering the year, logo of KZN Athletics and the ASA sponsor.
- All unlicensed entrants require a Temporary Licence Number which must be worn on the back of your vest/crop top
- Minimum ages: 14,4 km:15yrs 21,1 km:16yrs 42.2 km:20yrs
- Cut-off times: 14,4 km:3 hours 21,1 km:3hrs 15min 42.2 km:5hours
- There will be a cut-off time of 3 hours for marathon runners at the half way point
- Foreign athletes must comply with IAAF rule 4.2 & 142 together with ASA rule 9
- No personal seconding is permitted along the route
- No motor vehicles, wheel-chairs, bicycles or dogs are permitted on the route
- All Traffic Officers, Marshals and Officials must be obeyed
- This is a "litter free" event. Offenders may be removed from the results.
- The 42.2 km and 21,1 km events are not inter-changeable
- ASA/KZNA approved age category and walker tags must be worn on the front and back of vest/ crop top to be eligible for category and walker prizes

## Prizes & Handouts

- Equal prizes monies are offered to both Men and Women
- Free T-shirts to ALL entrants in ALL events
- Many attractive "lucky dip" prizes
- All prize winners must be personally present at the prize giving
- Proof of age may be required to claim age category prizes
- Prize giving will be held at the following times: 14,4 km and 21,1 km at 09h25 and the 42.2km at 11h10



KwaZulu-Natal Athletics



Category	Position	42.2 km	21,1 km	14,4 km Run	14,4 km Walk
Open	1st	R2000	R600	R500	R300
	2nd	R1000	R300	R250	R200
	3rd	R500	R150	R125	
40-49	1st	R600	R300		
	2nd	R300			
50-59	1st	R600	R300		
	2nd	R300			
60+	1st	R300	R200		
15-19	1st			R300	
	2nd			R200	

## Medals

- Gold: First 5 men & women in the 42.2 km event only
- Silver: Position 6 to 50 in the 42.2 km event only
- Bronze: To all other finishers within the cut-off time of all events

## Ways to enter

1. On-line: at [www.collegiansharriers.co.za](http://www.collegiansharriers.co.za) (Entries close 24h00 Sunday 17 March 2019),
2. Manual: at Collegians Club, 381 Boshoff street, PMB, Monday to Friday on or before 16 March between 10h00 and 14h00.

## Please Note

- All entrants must collect their race number and t-shirt either on Saturday 23 March at Collegians Club between 14h00 and 17h00 or on Sunday 24 March at the start between 04h30 and 06h00.
- Entries are limited to 1800 runners/walkers in total and when this limit is reached entries will close which maybe before the closing date of the 17th of March 2019

